



**AWARENESS • KNOWLEDGE • SKILLS • ACTION**

RACE • ETHNICITY • GENDER EXPRESSION & IDENTITY • SEX • AGE • ABILITY • SEXUAL ORIENTATION • RELIGION • SOCIAL  
DOMINANT • SUBORDINATED • PRIVILEGE • OPPRESSION • INTENT • IMPACT

Rev. Dr. Jamie Washington

*President, The Washington Consulting Group*

*President and Co-Founder, The Social Justice Training Institute*

*Past President, The American College Personnel Association*

*Mentoring*  
is a BRAIN   
to PICK  
an EAR  to  
LISTEN  
and a  
PUSH   
in the right  
direction ↗  
JOHN C. CROSBY

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## the heart of MENTORING

Getting the most out of life  
ISN'T ABOUT HOW MUCH  
you keep for yourself,  
BUT HOW MUCH  
you pour into others.

—David Stoddard

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The mediocre mentor tells.  
The good mentor explains.  
The superior mentor  
demonstrates.  
The greatest mentors  
inspire!

- Lucia Ballas Traynor



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A MENTOR IS  
SOMEONE WHO  
ALLOWS YOU TO  
**SEE THE HOPE  
INSIDE  
YOURSELF.**

- Oprah Winfrey

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THE GREATEST GIFT YOU  
CAN GIVE SOMEONE  
IS YOUR  
**TIME.**  
BECAUSE WHEN YOU  
GIVE YOUR TIME,  
YOU ARE GIVING A  
PORTION OF YOUR LIFE  
THAT YOU WILL NEVER  
GET BACK.

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“The key to being a good mentor is to **help people become more of who they already are** — not to make them more like you.”

SUZE ORMAN

LEVO.COM

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**The question  
is not only  
who can be  
your mentor  
but also who  
can you mentor?**

*-Mariela Dabbah*



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