



DEGREE PLAN

	Fall	Spring
Junior	Introduction to Exercise Science (3) Foundations of Physical Activity (3) Exercise Physiology & Lab (4) Health Behavior (3) General Education (3)	Methods of Assessment & Lab (4) Develop & Analysis of Movement & Lab (4) Nutrition & Exercise (3) General Education (3) Elective (3)
Senior	Exercise Prescription & Lab (4) Methods of Group Exercise (3) Administrative Topics in Exercise Science (3) Evidence-Based Decision Making (3) Elective (3)	Exercise for Varied Populations & Lab (4) Senior Capstone (2) Internship (4)

*Anatomy & Physiology 1&2 transferred in