

# Lewis University

## RAD CAMP

### RECREATIONAL ACTIVITIES DAY CAMP

Wk 1 June 8-12

 Wk 2 June 15-19 

Wk 3 July 13-17



Sponsored by Student  
Recreation, Fitness and  
Wellness

This camp is staffed by the staff of the Student Recreation and Fitness Center as well as students from the Lewis community. The staff is selected by their knowledge of activities, capacity to work well with children, and the ability to be positive role models.

## Recreational Activity Day Camp

### **Date:**

June 8-12, 9am -12pm  
June 15-19, 9am -12pm  
July 12-16, 9am -12pm



### **Site:**

Lewis University  
One University Parkway  
Romeoville, IL 60446  
Lewis University Student Rec & Fitness Center

### **Campers:**

Boys & Girls Ages 5-14

### **Fee:**

\$75 per camper per week. A \$25 non-refundable deposit must accompany the registration form. The balance can be paid at final registration. We encourage pre-registration to insure we have enough camp counselors available to maintain an 8:1 ratio. A \$5 discount will be given to those registering for more than one week.



### Camp Features

- Quality Instruction
- Fun Learning Environment
- Camp T-Shirt
- Special Awards Ceremony
- Pool Time Daily



### Parent/Camper Information

- Camper provides tennis racquet, sunscreen, insect repellent, labeled water bottle, gym shoes, hat, swimsuit, towel and lock each day.
- Registration is Monday June 8, June 15 & July 13, 8am-9am in the Student Recreation and Fitness Center.
- The Camp Awards Ceremony will take place at 11:30am on Friday, June 12, June 19 & July 17.



## Daily Schedule

9:00-9:30 Roll Call and Warm Up  
9:30-10:00 Tennis Skill of the Day  
10:00-11:00 Recreational Activity of the Day  
11:00-12:00 Pool Activities



### Other activities to include:

- Sand Volleyball
- Basketball
- Dodgeball
- Frisbee Golf
- Whiffleball
- Hiking on the Lewis Nature Trail



### Special Program

There will be a special Wellness presentation on Nutrition provided by Silver Cross Hospital. The intent of this program will be to educate and foster healthy habits in the children.



**RAD Camp Registration Form**

Name of Camper \_\_\_\_\_  
Address \_\_\_\_\_ Phone \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_  
Date of Birth (Kids Only) \_\_\_\_\_ Grade \_\_\_\_\_  
Is this your first time at the Lewis Camp? Yes No  
Week(s) attending: Wk 1 \_\_\_ Wk 2 \_\_\_ Wk 3 \_\_\_

Male  Female  T-Shirt Size \_\_\_\_\_

E-mail Address: \_\_\_\_\_

**Release Form**

Parent or Guardian \_\_\_\_\_

Emergency Contact Info \_\_\_\_\_

**Please mail to:  
Jill Siegfried  
Lewis University  
One University Pkwy  
Romeoville, IL 60446  
Questions: Call 815-836-5277  
Or e-mail: siegfrji@lewisu.edu**

Additional Camp Info will  
be sent later.  
Thank You.

I hereby give permission and certify that my son/daughter is in good health and is able to participate in all camp activities. In case of emergency, I grant permission for my son/daughter to be given emergency treatment at a local hospital.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_