



**WELCOME PARENTS!**

*Parent Orientation  
Summer 2017*



# Parent SOAR Goals

- Present Sessions on the Student Experience
- Provide Information on Parent Resources
- Share Words of Wisdom & Support for Parents from Parents, Staff & Students





## Parent Video

# A Climate of Caring for Each Other

- Parent Video & SOAR Themes
  - ❑ Concern for the individual student
  - ❑ Opportunities for student involvement
  - ❑ Encouraging them to make their own way
  - ❑ Preparation for life beyond Lewis

# What You May Be Feeling

- Allow yourself to feel a little sad
- It's OK to feel relieved
- Let us know if you have questions



# Communication Between You & Your Son/Daughter

- ❑ Find a balance between staying connected and intruding; set a time to talk
- ❑ Promote their independence, especially about academics; encourage seeking out resources and developing relationships with faculty & staff
- ❑ Communicate directly about alcohol & drugs early; what you say to them matters

# Tips for Parents from Students

- ❑ Send a letter or package - Studies show only 4% of college students report getting “snail mail”
- ❑ Don't worry (too much) about those “nothing is right” calls, texts or talks
- ❑ Trust them, even to make a few mistakes

# When to Step In

- ❑ Repeated, tearful talks
- ❑ Frequent illness or fatigue
- ❑ Marked changes in behavior or mood
- ❑ Difficulty coping with family crisis



# When to Get Involved...

- ❑ Most of the time, encourage your son or daughter to work out issues on his/her own
- ❑ Contact the Office of Student Services if you need to share information or need assistance
- ❑ Office of Student Services  
815-836-5275  
student.services@lewisu.edu