

HOW TO MAKE A REFERRAL

Referrals to the Assessment & Care Team (ACT) can be made by contacting the following ACT members:

Kathy Slattery
Dean of Student Services, Co-Chair

Graciela Dufour
Associate Vice President for Human Resources, Co-Chair

Mary DeGraw
Associate Vice President for Enrollment

Koryna Bucholz
Director of Community Standards

Fred Gandy
Director of Residence Life

Jill Whitaker
Interim Director of Counseling Services

Randy Venzke
Assistant Dean, College of Arts & Sciences

Mike Zegadlo
Deputy Chief of Police

Or online at
lewisu.edu/emergencyplanning

The ACT understands that protecting privacy is essential to our effectiveness. Once a person is referred to the ACT, information is shared only as necessary.

UNIVERSITY EMPLOYEE ASSISTANCE PROGRAM (EAP)

It is important to recognize that dealing with disruptive or distressing behavior can be difficult. Consequently, it can be very helpful to discuss these issues with a colleague or supervisor or seek professional stress debriefing assistance through the University's Employee Assistance Program (EAP). You may also contact the Lewis University Human Resource Department if you have questions or require additional information about the Employee Assistance Program.

LU CARES

Lewis University does not tolerate sexual misconduct of any type. Our Catholic, Lasallian tradition sees each and every human as created in the image of God, full of dignity and worth. LU Cares is an online resource that informs and assists those affected by sexual misconduct and who seek the needed help. The following information can be found at the LU Cares webpage:

- Information about Title IX and how it impacts you
- Information about sexual assault, harassment, dating violence, and stalking
- What you can do to help
- The role of responsible employees
- Contact information for on and off campus resources

The following off-campus victim support services are available to assist the victim:

Romeoville Police Department

1050 West Romeo Road, Romeoville, IL 60446
Emergency: 911
Non-Emergency: (815) 886-7219

Silver Cross Hospital

1900 Silver Cross Blvd
New Lenox, IL 60541
(815) 300-1100

Guardian Angel Community Services

168 N. Ottawa Street
Joliet, IL 60432

24-Hour Sexual Assault Hotline

(815) 730-8984

For more information visit
lewisu.edu/student-services/lucare



*Concerned
About Someone?*

ACT

*A Guide for the
Lewis University Community*

*Developed by the Center for
Health & Counseling Services and the
Assessment & Care Team (ACT)*

WHAT IS YOUR ROLE?

Acute or prolonged distress may require the guidance of others to help with a serious problem. You may be perceived as someone who can lend a helping hand or be a good listener if someone is experiencing difficulty in his or her life. Members of the Lewis University community can play an invaluable role in helping persons who are disruptive or in distress. Your expressions of interest, concern, and compassion are important factors for a person seeking the assistance they need. The Office of Student Services, The Center for Health and Counseling Services, Residence Life, Center for Academic Success and Enrichment (CASE), Lewis University Police Department, and the Department of Human Resources stand ready to offer assistance.

It is important to note that the University does not expect you to assume the role of counselor or police officer. For those responsibilities, Lewis University has trained professionals who can assist you:

Center for Health & Counseling Services
(815) 836-5455
Mother Teresa Hall
(Lower Level)

Office of Human Resources
(815) 836-5270
Room 306, Learning
Resource Center (LRC)

Campus Police
(815) 836-5911
Student Union (Lower Level)

Dean of Student Services
(815) 836-5275
Office of Student Services,
Student Union

ACT Online Referral
lewisu.edu/emergencyplanning

EXAMPLES OF DISTRESSED, DISTURBING OR DISRUPTIVE BEHAVIOR

- Harmful to self or others
- Making suicidal threats or gestures
- Exhibiting alcohol or drug problems
- Exhibiting a pattern of bizarre behaviors
- Disrupting the living or learning community
- Withdrawing socially
- Showing a decline in the quality of work
- Preoccupation with violence
- History of aggressiveness
- Threats made as jokes

SUICIDAL BEHAVIOR

Warning signs might include:

- Increased alcohol and other drug use
- Feelings of hopelessness, helplessness, or worthlessness
- Risky or self destructive behaviors
- Recent impulsiveness
- Dramatic mood changes
- Social withdrawal
- Unexpected rage or anger
- Talk of death and/or suicide

It is important to remember that asking a person if they are contemplating suicide DOES NOT give him/her the idea to do so. In fact, your openness and concern may allow the person to feel less lonely or isolated and ultimately more hopeful. Talking about suicide is NOT to be ignored.

THREATENING BEHAVIOR

If you are concerned about someone being a danger to others, you must report it. This is in the best interest of the individual and the community.

Threatening behavior might include:

- Physically violent behavior
- Verbally threatening or overly aggressive behavior
- Threatening or violent material in e-mails, letters, academic papers, or online social network posts
- Harassing or stalking behaviors
- Possession of weapon, particularly a firearm



IMPORTANT TO NOTE

If you consider the student or any other person to be an immediate danger to self or others, contact Lewis University Police Department at extension 5911 or (815) 836-5911 or 911 immediately.

WHEN TO MAKE A REFERRAL

- If your efforts to manage a behavioral issue have not resolved the problem.
- If you are concerned about the welfare of another person or yourself.
- If the person asks for help in dealing with personal issues that is outside of your role.
- If you have referred a person for assistance in the past and there seems to be no improvement or things seem to be worsening.